



## Student Services Department

181 Encinal Avenue, Atherton, CA 94027  
(650) 321-7140 Fax: (650) 292-2200

## HEALTH INFORMATION

**STAY HOME GUIDELINES:** School-aged children may be exposed to a variety of communicable diseases. At times it is difficult to decide whether or not to send your child to school.

Your child must stay at home when he/she has:

- Any contagious disease
- Nausea or vomiting within the last 24 hours
- Temperature over 100 degrees F. Temperature needs to be normal for 24 hours before returning to school
- Frequent coughing or very runny nose
- Diarrhea within the last 24 hours
- Sore throat
- Severe headache
- Skin rash – ALL rashes must be diagnosed by a doctor
- Open sores, unless the area can be covered with a dressing
- Earache, tooth ache or other severe pain

Some of the exclusion time periods listed above for certain symptoms (e.g., vomiting, diarrhea, fever, etc.) may be extended to up to 72 hours in the event of an outbreak or other unforeseen circumstances.

**MEDICATION AT SCHOOL:** If your child needs to take medication at school:

- A Medication Authorization Form must be completed and returned to the school office with medication(s) before your child begins school.
- All medication (prescription and over-the-counter) must be in the original labeled container.
- Consider asking your child's doctor to arrange the dosage intervals so that medication can be given during non-school hours.

Medication Authorization forms may be obtained at [www.mpcsd.org](http://www.mpcsd.org) or in any school office.

**HEALTH SCREENINGS PROVIDED BY THE DISTRICT:**

- Vision and Hearing screenings in grades K, 2, 5 and 8

**IF YOUR CHILD BECOMES ILL OR INJURED AT SCHOOL:**

- Basic First Aid will be administered by designated school personnel.
- For more complex illnesses and injuries, you will be notified and asked to pick up your child immediately.
- If you work or are unavailable, please arrange for an alternate plan of care and pick up.
- Evaluate your child's readiness to return to school based on the STAY HOME GUIDELINES listed above.

**HEALTH CONDITION CHANGES:** If your child's health conditions change, complete and return a new Health History form (available on the district web site at [www.mpcsd.org](http://www.mpcsd.org)), or email [healthservices@mpcsd.org](mailto:healthservices@mpcsd.org) or call (650) 321-7140, ext. 5912.

**EMERGENCY CONTACT OR OTHER REGISTRATION CHANGES:** Contact the Registrar at [registrar@mpcsd.org](mailto:registrar@mpcsd.org) or call (650) 321-7140, ext. 5600.